

Prayer for the Creative

JODIE MCCARTHY

As we timidly
enter this creative life
dipping our toes in the water,
testing the temperature.

As we wade deeper,
finding our way
our steps uneven
and unsure
seeking firm footing.

As we slowly submerge
even more
of ourselves,
relaxing
into the current of our art.

May we navigate
the ebbs
and flows.

May we learn
when to float
on the tide of inspiration.
And when to escape
the eddies
of self-doubt.

May we ride
the swells of emotion;
the crests of confidence,
the lulls of apathy,
and the troughs of despair.

May we stand strong
in the pummelling waves
of too much.
Too sensitive.
Too loud.
Too colourful.
Too introverted.
Too invested.

May we know
that we have been
divinely created
to grasp in our hands
the elusive trickle
of ideas,
gathering
each drop
to make
emotions
come to life.

May we allow ourselves
to be a channel
letting our gift
flow through us
and releasing it
when required.

And
out of the overflow
of our hands,
may we give sustenance
to those who are
parched and dry.

Amen